

# MEMBER HANDBOOK



## A Guide to Pleasant Bay Community Boating For Participants of All Ages



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# Welcome to Pleasant Bay Community Boating

Welcome to Pleasant Bay Community Boating! Majestic and pristine, Pleasant Bay hasn't changed much over the years, but its coastline has. The bustling sailing camps that used to dot the shoreline have been replaced by private homes. As public access to the shoreline has diminished, so has the community's connection with the water.

Believing the children in our communities need a positive place to put their energy, and fueled by the desire to share their love of sailing and boating, a handful of volunteers founded Pleasant Bay Community Boating in 2003.

Initially programs were run off a Chatham town beach, but in 2014 PBCB took the big step of purchasing a permanent home for its expanding programs on Pleasant Bay. Our new campus provides ample parking, multiple buildings, a small beach and boat access with a dock

There are so many important reasons to get out on the water, to learn about, and care for Pleasant Bay. What you learn out on the water transfers to the rest of your life. From confidence, to teamwork, the feeling of accomplishment, a love for the outdoors, and, of course, a respect for nature.

Also, being out on the water is one of the few ways in which size, physical strength, and gender are equalized. That's why we believe so passionately in our mission and we welcome you to our campus. Last year we instructed over 1000 students who participated in our boating, marine science, and environmental stewardship programs on Pleasant Bay.

This handbook is a resource guide for our members—parents, guardians, and participants of all ages—who are involved in our programs. It is designed to help you understand what to expect, what to bring, where to be, and when to be there!



On behalf of our staff, instructors and board of directors, we welcome you to Pleasant Bay Community Boating, and look forward to your joining us in our many programs on the waters and shores of Pleasant Bay.

We look forward to seeing you around the campus and on the water!

A handwritten signature in black ink that reads "Ted Baylis".

Ted Baylis, President, Board of Directors

# What is Pleasant Bay Community Boating?



**About Us** Pleasant Bay Community Boating is a non-profit, educational organization dedicated to enabling public access to recreational boating, marine education and environmental stewardship opportunities on Pleasant Bay on the eastern shore of Cape Cod.

Our programs aim to foster positive, lifelong love and respect for the coastal environments and to make the waters of Pleasant Bay accessible and affordable to all regardless of income, ability or disability.

**Our Mission** To make boating, marine education and environmental stewardship affordable and accessible to all.

**Our Vision** Pleasant Bay Community Boating is a multi-faceted community resource offering boating, marine education, and environmental stewardship opportunities to residents and visitors to the Pleasant Bay region. We are dedicated to serving all members of the community, including those with physical, developmental and cognitive disabilities as well as underserved families and at-risk youth.

## Who Runs Pleasant Bay Community Boating?

A volunteer board of directors oversees all PBCB policies and procedures. The board is comprised of active members of the Cape Cod community (seasonal and year-round residents) whose common interest is a commitment to increasing access and affordability to Pleasant Bay for boating, marine education and environmental stewardship.

Our Executive Director Charlie Sumner runs the day-to-day operations of our organization; our programs are the responsibility of the full, part-time, and volunteer staff. Our registrar, Abby Field, handles all questions or concerns related to membership and program registration. Greg Kelly, our sailing director, runs all sailing programs. Sarah Griscom, our director of science, oversees marine education and environmental stewardship programs.

## IMPORTANT CONTACT INFORMATION

Registrar	Abby Field	<a href="mailto:info@pbcab.cc">info@pbcab.cc</a> ,	508.945.SAIL (7245)
Executive Director	Charlie Sumner	<a href="mailto:csumner@pbcab.cc">csumner@pbcab.cc</a> ,	774-353-7033
Sailing Director	Greg Kelly	<a href="mailto:Gpkelly1@msn.com">Gpkelly1@msn.com</a>	508.280.6604
Science Director	Sarah Griscom, Ph.D.	<a href="mailto:sbgriscom@yahoo.com">sbgriscom@yahoo.com</a>	508.241.4334



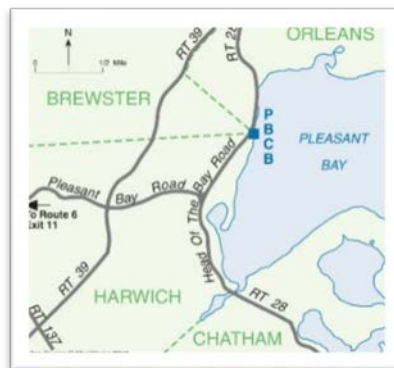
# Campus Directions & Maps

The PBCB Campus is located at  
**2287 Route 28, Harwich, MA.**

## HOW TO GET HERE

From Rt. 6, take Exit 11, head towards Chatham, take first left on Pleasant Bay Road, and follow to end. Turn left on Rt. 28 and the campus is  $\frac{3}{4}$  mile ahead on the right.

From Rt. 28, the property is located on Pleasant Bay, where the towns of Orleans, Brewster and Harwich meet.



## CAMPUS MAP

The **Parking Lot** is at #2287, just south of the "Entering Orleans" / "Entering Harwich" sign.

The **Drop-Off Area** is at the base of the hill in the parking lot.

The **Programs Office** is at the top of the hill in the Knollenberg Studio at # 2287, which is reached via the paved path up the hill to the right of #2287.

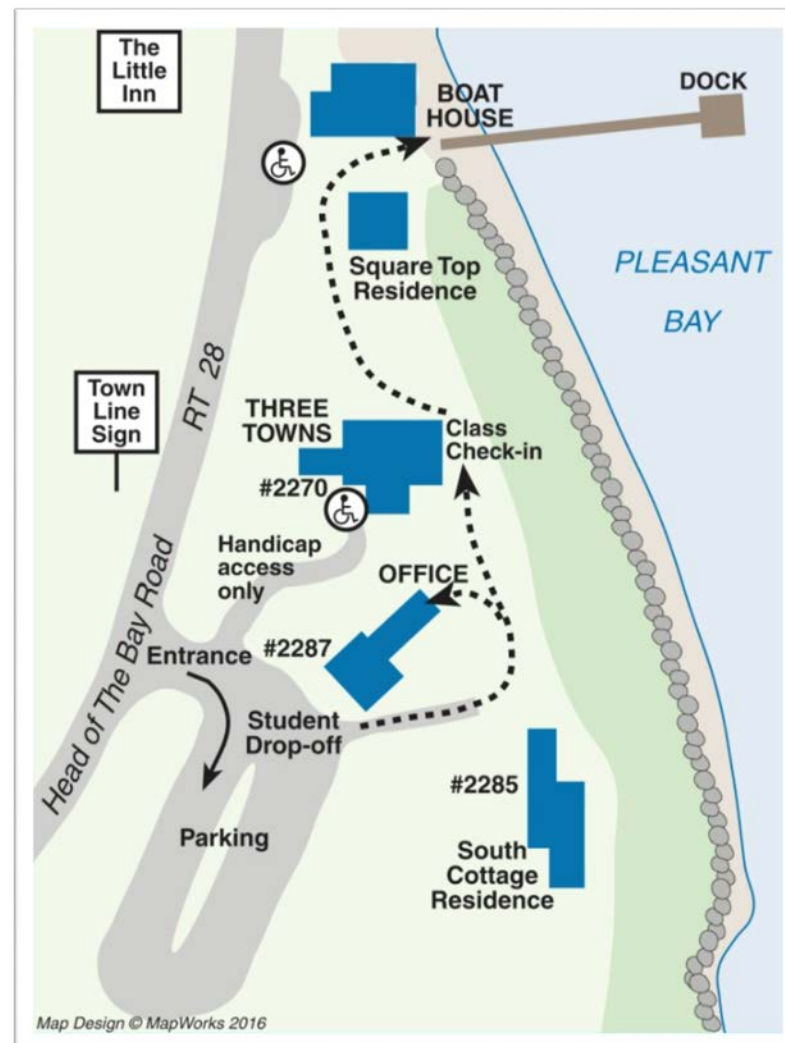
**Class Check-in** area is at the main building referred to as "Three Towns," which is via the paved path up the hill to the right of #2287. Follow the signs for the Office and Class Check-in area at the top of the hill.

**Handicap access** is via the paved drive to #2270 (future accessible area).

**Boating access** is via a path down to the dock and boathouse from Three Towns check-in area.

**Private residences** are located at the building known as "Square Top Cottage" adjacent to the boathouse, and "South Cottage" at #2285. Both buildings are part of our Residential Membership Program, and we request that the privacy of occupants be respected.

**NOTE:** Route 28 is a **VERY** busy road, and should **NEVER** be used by pedestrians or for drop-off/pick-up.



# Our Programs in Brief

## BOATING, MARINE EDUCATION, & ENVIRONMENTAL STEWARDSHIP — THERE'S SOMETHING FOR EVERYONE!



### What are PBCB's Program Goals?

- Develop sportsmanship, self-confidence, and interpersonal skills
- Develop an interest and appreciation for the sport of boating
- Foster an interest in boating, marine science and environmental stewardship
- Learn and demonstrate new boat-handling skills and improve on existing skills
- Learn and practice good safety skills and seamanship
- Learn responsibility and appreciation for the boats and equipment
- Have fun and participate in a positive and productive atmosphere, whether in drills, races, sailing, paddling or scientific adventures



### When are programs held?

Days and evenings. Monday through Saturday, June through August, with recreational boating offerings on Sundays and during shoulder season.

### What programs are available?

We offer a variety of classes and programs for students' ages 8- and above from our Pleasant Bay campus. These include sailing, marine education and environmental stewardship programs. Please visit our website for a full description at [www.pbc cb.cc](http://www.pbc cb.cc).

- Youth Programs
- Adult Programs
- Adaptive Programs
- Residential Membership Programs

**Are scholarships available?** PBCB offers scholarship programs to area youth to enhance program affordability and access. Financial assistance is confidential, and a separate application form is required. Please phone: 508-945-SAIL to request a form, or print one from our website: [www.pbc cb.cc](http://www.pbc cb.cc). Contact [info@pbc cb.cc](mailto:info@pbc cb.cc) for more information.

**How do I join and sign up for programs?** Program offerings and schedules are typically posted on the PBCB website in March/April of each year. As a member of PBCB, you will receive an early on-line alert as soon as program schedules are posted. Remember, you must first become a member to sign up for lessons. Go to [www.pbc cb.cc](http://www.pbc cb.cc) to join, and sign up.

**Additional Questions?** Complete class descriptions and class times can be found on our website: [www.pbc cb.cc](http://www.pbc cb.cc). If you have additional questions or have any difficulty joining PBCB or registering for programs, please contact our registrar Abby Field at [info@pbc cb.cc](mailto:info@pbc cb.cc) or 508.945.7245 (SAIL).

# Information for Parents, Guardians...Everyone!

## DAILY CHECKLIST FOR STUDENTS

- ✓ Have a good breakfast, after a good night's sleep.
- ✓ Bring lots of fluids (No glass containers!).
- ✓ Apply sun block BEFORE class- bring extra just in case.
- ✓ Wear appropriate clothes for the weather. We suggest bathing suits under shorts and T-shirts. WEAR CLOTHING THAT CAN GET WET!
- ✓ A windbreaker or other such jacket may be required on a cold or damp day.
- ✓ Proper footwear is required. Closed-toed shoes that can get wet are the best. NO FLIP-FLOPS.
- ✓ Bring a towel.
- ✓ Eyeglasses/sunglasses should be attached with "croakies" or similar string.
- ✓ Tie back long hair.
- ✓ Snug fitting hats with visors are encouraged.

**Keeping in touch:** We probably won't need to call you, but if we do, we must have your contact phone number. If you are difficult to reach, give us several numbers and label each number (work, home, cell, etc.).

**Special Needs:** We must know if your child has any learning disabilities or special needs. We can work with many conditions so long as we know in advance. Please call Registrar Abby Field, to discuss confidentially any learning disabilities or special circumstances, no matter how slight.

**Be prepared:** Your child should come to class wearing closed-toe shoes such as an old pair of gym sneakers (that can get wet), aqua socks, Crocs or Keens. Flip-flops and sandals are not acceptable and black-soled sneakers are discouraged since they mark up the boats. Students without proper footwear will not be allowed to sail.

**Share the experience:** To help your child get the most out of PBCB's programs, we suggest that you talk to your children about what they've learned in class. The opportunity to share newly learned skills is invaluable for several reasons. It helps the student integrate the learning, builds pride in an accomplishment, and reinforces the process.

There's no need to push your child. A student may not be interested in competitive racing but may enjoy sailing recreationally, or participating in a marine education program where students boat in kayaks and canoes. PBCB offers several types of classes. Remember, boating is about having fun!

**The role of PBCB instructors:** Please respect the role of PBCB instructors. Once your child's class session begins, please don't interrupt programming. If you need to speak with your child, please approach the Sailing Director first. If you do choose to stay on campus during programming (if parking is available), we ask that you watch the class from a respectful distance and not distract your child's focus.





## ADVANCED SAILORS & GEAR

As students progress through our classes, they may choose to acquire sailing gear designed specifically for longer days on the water and racing. Below is a list of recommended gear for students sailing more competitively. Most items can be purchased at marine supply and sporting goods stores.

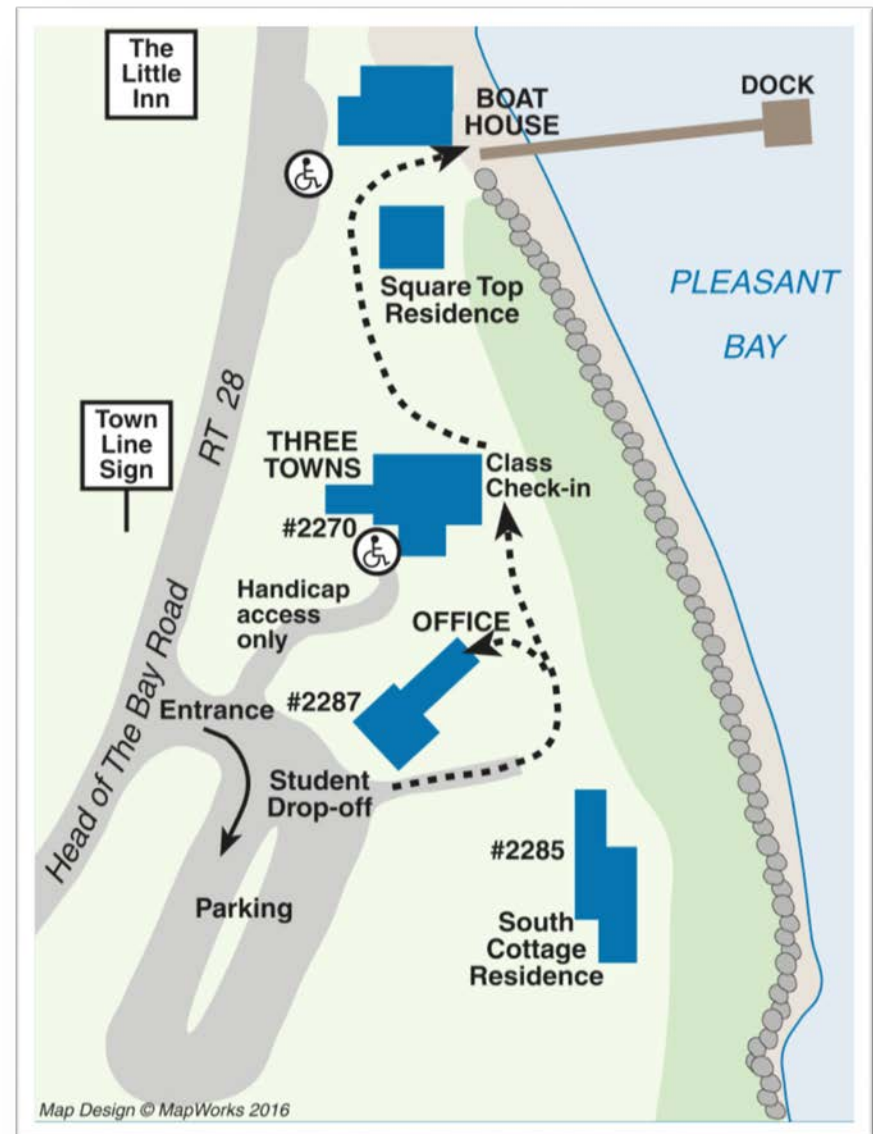
- Life jacket - PBCB provides life jackets/PFDs for all students, but some may prefer a personal PFD. Many styles are available, but the PFD must be US Coast Guard Type III-approved.
- Whistle - All sailors - especially those sailing more independently - should have a whistle attached to their life jacket for safety.
- Sailing gloves - Sailors who are spending longer days on the water, and in windier conditions, often need sailing gloves to prevent blisters.
- Foul weather gear - Sailing in windier conditions can mean getting hit with a lot of spray. Spray tops and bottoms are great for keeping sailors warm and dry.
- Wicking/synthetic/non-cotton apparel - Sailors who are on the water all day should not wear cotton! Any long-sleeve- for sun protection- wicking top is great, especially under a spray top; it dries quickly and doesn't chafe when wet. These "technical shirts" or "rash guards" can be found at sport clothing stores.
- Sunglasses - Sailing on the water all day can damage eyes. All sailors- should wear eye protection. Sunglasses should always be polarized to reduce glare.
- Hat or Visor - A visor hat will also help the shade the eyes. It should fit securely to avoid blowing off.
- Footwear - Some sailors prefer to wear a more technical shoe as they become more competitive in the boat. We strongly recommend that boating shoes have a closed toe, dry quickly, and stay put. At the more advanced level, old sneakers and Crocs fail to meet these latter two requirements.





## REGISTRATION, DROP-OFF & PICK-UP

- Parents/guardians are responsible for the safe drop-off and pick-up of students in our programs.
- Students should be dropped off at the PBCB campus parking lot, and no more than 15 minutes before the start of class.
- If you would like to accompany your child, please feel free to park and walk up the paved path to the right of the Office building #2287, turn left and follow signs to the Three Towns building for check-in. Sailing Director Greg Kelly and instructors will be there to greet and organize all student sailors and program participants.
- If you have any questions or need to complete student registration, please stop in at the office and speak with registrar Abby Field (she may also be reached at [info@pbcg](mailto:info@pbcg) or at 508.945.SAIL). The office is located at the upper level of the Knollenberg building at the top of the hill. Abby will help with any questions concerning registration, medical forms etc.
- Students MUST check-in with an instructor, to have their name marked on the roster. Instructors will be gathered outside the Three Towns building.
- Students must be picked up promptly and MUST check-out – with a parent or guardian visible or by their side – with the instructor handling the roster prior to leaving the PBCB campus for the day.
- The instructor handling the roster for the checkout period will mark that the student has been picked up. The Sailing Director will be responsible for reviewing the roster at the end of each instructional session to ensure that all students who were checked in were also checked out. Any discrepancies will be resolved by calling the parent.
- If a student is going home with another parent, the student's parent must submit written permission to the PBCB office, or must speak with Sailing Director Greg Kelly at the beginning of the day or session (if applicable to every day) and a note will be made on the roster.
- At the end of each class, please pick up your student by walking up to the check-in area at Three Towns, or meet him/her at the Drop-off area in the parking lot. Be aware that parking is somewhat limited. For your, and everyone's, safety please **do NOT stop on Route 28** to drop off or pick up passengers.

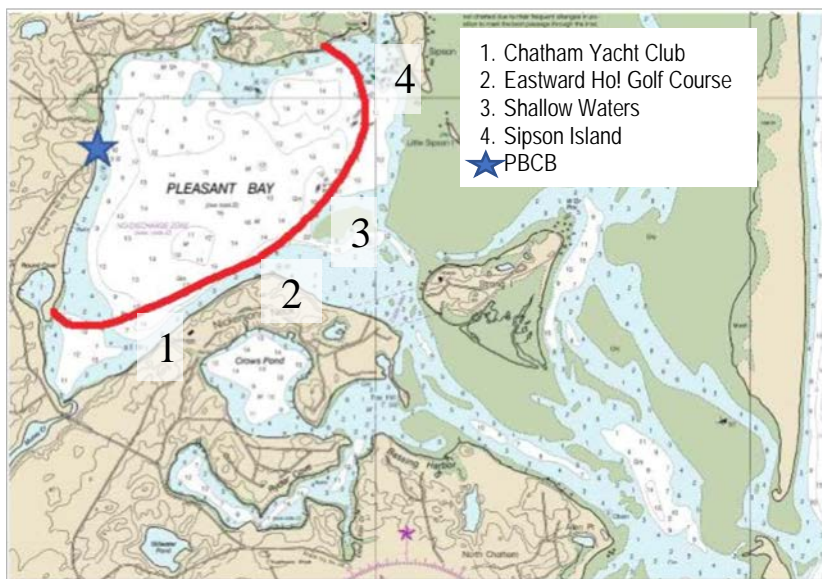


## BOUNDARIES & TIPS FOR SAILORS

Recreational sailors and students must observe the boundaries indicated on chart (see upper chart, right). Be aware of your surroundings, in particular other boats. Do not leave the bounded area, which is generally defined by Sipson Island, shallow waters to the south of Sipson Island, and Nickerson Neck/Eastward Ho Golf Course to the south.

Avoid mooring fields, racing boats, and warning buoys.

Stay within easy visibility of the PBCB dock.

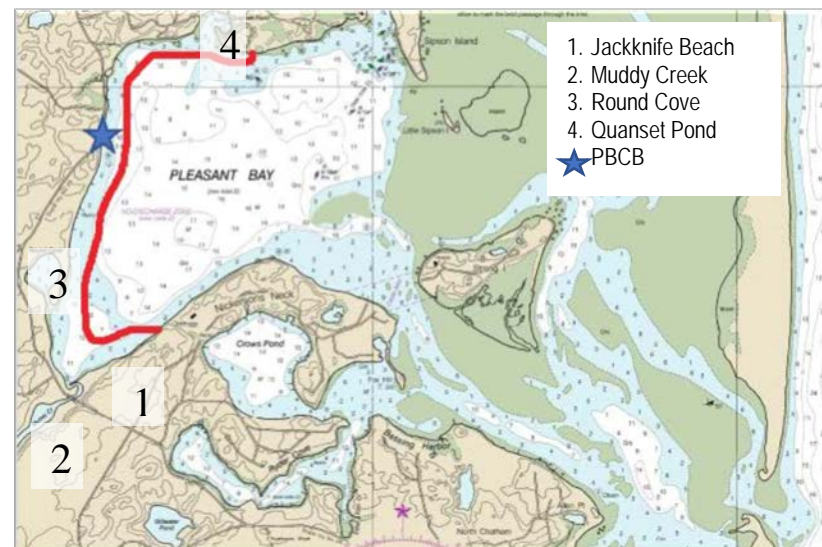


## BOUNDARIES & TIPS FOR PADDLERS

Kayakers, canoeists, and stand-up paddlers must stay close to shore within the general boundaries established at right, and in any event no more than 200 feet from shore. All paddlers must be strong swimmers.

Paddlers venturing into Muddy Creek should have intermediate-to-advanced paddling skill level; it is not for beginning paddlers. If you plan to paddle to Muddy Creek, we recommend that you discuss tides and currents with staff in advance of your departure. It is recommended that someone in your party carry a cell phone in a waterproof pouch.

Long-sleeved, quick-dry shirts and pants are recommended, along with visor hats and plenty of sunscreen.



## BEHAVIORAL RULES & GUIDELINES

Pleasant Bay Community Boating has developed the following behavioral rules and guidelines to help ensure a safe, rewarding, and cheerful learning environment. It is important that all participants review these rules and guidelines. Appropriate behavior is expected at all times.

- Participants will show respect for their peers, instructors, and other individuals.
- Participants will follow directions of instructors at all times, and are expected to cooperate with them fully.
- USCG-approved Type-III Lifejackets (PFDs) will be worn at all times whenever a student is on the dock, in the water, or in a boat (these are

provided by PBCB, and if a participant chooses to bring his/her own, it must be USCG-approved Type-III and fit properly).

- For safety reasons, and so as not to disturb our neighbors, physical boundaries established by instructors must be observed, both on the water and on shore (see maps for sailors and paddlers)
- Running on the dock, and climbing on the boathouse or boat racks are prohibited.
- Participants will pick up their own trash and are expected to keep their belongings in a neat and orderly fashion.
- At the end of class, participants are expected to leave the boats and equipment shipshape.

- Absolutely no roughhousing, bullying, fighting, hitting, profanity, or throwing of things.
- No drugs, alcohol, smoking, knives or other weapons are allowed on the PBCB campus.
- PBCB cannot be responsible for lost or stolen personal items. Participants are asked to leave items of value at home.
- Participants may not bring a friend to class.
- Consequences for failure to observe the above rules and guidelines vary according to the nature of the infraction and will follow the PBCB Discipline Policy.

## DISCIPLINE POLICY

The Pleasant Bay Community Boating discipline policy provides that each boater will have three chances to rectify any non-rule-following behavior as follows. Pleasant Bay Community Boating reserves the right to reexamine participants' involvement in programs, because of behavior, at any time.

1. First "strike": The Sailing Director will speak with the participant about his/her behavior and ask that he/she correct the behavior moving forward.
2. Second "strike": The Sailing Director will call the participant's parent/guardian, and the transgression will be reported to the PBCB Registrar, where it will be recorded in the participant's file.
3. Third "strike": The participant will be suspended from the remainder of the PBCB program. The Sailing Director will contact the participant's

parents/guardian who will be required to immediately pick up the participant from class. The participant may enroll in future PBCB programs, under a probationary measure. There will be no refund for lost program days. The Sailing Director will notify the PBCB Registrar, and the incident(s) will be recorded in the participant's file within the program database.

4. If a participant continues to violate the rules in subsequent programs, the participant will be expelled from PBCB programs for the remainder of the summer and may not participate or register for PBCB Programs or events until the following season.





# Frequently Asked Questions (& Answers)

**What happens if it is raining?** Classes are held in all kinds of weather. In the event weather conditions make boating hazardous (lightening or high winds), programs may be cancelled at the discretion of the sailing and science directors. If a program is cancelled, you will be alerted via text and/or email. You may also log-in to your member account/portal page on our website to learn of cancellations.

We will attempt to reschedule any cancelled lessons. Please read our lesson cancellation policy below for more details.

If you need to speak to a PBCB representative, please call the Main Office at 508-945-7245 (SAIL).

**What is PBCB's cancellation policy?** If weather conditions cause a lesson cancellation, PBCB will try to reschedule all affected participants for another lesson. In the events that the lesson cannot be made up, PBCB will offer a full refund.

If a participant needs to cancel a lesson for which s/he has registered, contact us at least 48 hours in advance by emailing the participant's name and all program information to [info@pbcab.cc](mailto:info@pbcab.cc). If email is unavailable, please call 508-945-SAIL. In this case, a refund will be offered—a full refund will be offered if registration took place in person or by mail, or 95% if the registration was done online (we can't recover the 5% online fee).

If a participant cancels a lesson less than 48 hours in advance, then the participant may ask for the lesson to be rescheduled, indicating what times they

would be available. If there is space in another class, this will be accommodated. No refund will be issued.

If a participant fails to show up for a class for which they are registered, no refund will be issued, nor, under normal circumstances, will PBCB reschedule the lesson.



**What do we do if we are going to be late?** Please call the Main Office at 508-945-SAIL and let us know if you/r child will be late getting dropped off or being picked up, so the Sailing Director and instructor can be informed.

**What if the participant is sick?** Please call the Main Office at 508-945-SAIL and let the Registrar, Abby Field, know of this circumstance so she can inform the Sailing Director and instructor.

**What if someone else is dropping my child off for class?** Parents/guardians are asked to inform the Sailing Director if someone other than the parent or guardian will be collecting a child from class. We do not recommend that anyone walk or bike to our campus.

**What if we are arriving by boat?** Parents/guardians are asked to inform the Program Director, in writing, if their child will be arriving and/or departing other than by car, or if someone other than the parent/guardian will be picking up a student.

**What if my child is reluctant to attend class?** A child's unwillingness to come to sailing can be caused by any number of things: fear, an incident with a classmate, or simply being tired. PBCB instructors are well versed in the art of motivating reluctant students. If you can get them to class, in all but exceptionally rare cases, we can get them out boating, and enjoying it too.

**If I have a concern or issue, to whom should I talk?** Major concerns should be brought to the attention of Sailing Director Greg Kelly. Otherwise, your/student's Head Instructor should be the first stop for resolving most issues. S/he is the hands-on, day-to-day program facilitator and will usually have the answer to your question, as well as being empowered to make decisions and correct problems.



The best time to talk the participant's individual instructor is at the end of class. If this is not convenient, you may speak with the Sailing Director, or call the Main Office and leave a message asking that participant's instructor follow up with you.

We strongly encourage parents/guardians with non-emergency concerns to wait 24 hours before contacting an instructor or sailing director, and reconsider the issue the next day. Many times, this makes communication about the issue easier for all parties involved.

### How are learning disabilities and special medications handled?

Should your child have a learning disability or medication that might not be indicated on his/her application, or that needs further clarification, please speak with the Sailing Director. This will enable us to help your child have a positive and rewarding experience at Pleasant Bay Community Boating.

**What if someone gets hurt?** Any time an instructor is required to administer first aid for a cut, bruise, or banged head, s/he will complete an injury report and notify the main office. In the event of a child's illness, injury, or emergency, PBCB will notify the parent/guardian.

**I think my child may be ready for the next level. What should I do?** If you think your child is ready for the next level, you should have him/her inquire with the Sailing Director. He will let the student – or you – know what other skills may be necessary for the move.



If we think a student is ready to advance, the PBCB Office will call the parent/guardian to see if a mid-session move to a class at a different time is feasible. If not, or if there is no room in the class, the student will be marked to move up for the next summer.

Our instructors regularly evaluate the skill sets of our students and promote them when they are ready. **We try very hard to encourage our students, but not push them.** If a student is ready for the next level, and that class meets at the same time as the one they are currently in, the move is easy. We will ask the student if s/he feels comfortable trying the next level, and if so, have them start with the next class that day.

Every student is given a placement for the next summer with us at the end of the session.

### How do you evaluate students' abilities?

Each of our classes has a curriculum that instructors

follow. These curricula contain detailed skill sets that our instructors both teach and refer to when evaluating a student for a promotion. We also consider the student's attitude, behavior, maturity, size and age, in addition to his/her sailing abilities.

### I'd like to check out my student's class. Am I allowed to watch?

We always encourage parents to support their students, but we ask that it be from a distance. Parents are welcome to sit on the beach to watch class, but they may not interrupt a class or sit near or stand over a class that is having a shore lesson. If you have a concern, please wait until class is over to speak to the Sailing Director.

**Where can I get PBCB gear?** PBCB gear is available for sale at the campus office. Feel free to stop on by the office to see our newest items of the season!

### PBCB offers programs for all ages, right?

Absolutely! Adult classes, recreational boating and marine educational programs are available for adults at varying skill levels. See [www.pbcg.cc](http://www.pbcg.cc) for class descriptions and schedules.

**How can I volunteer?** Go to our website [www.pbcg.cc](http://www.pbcg.cc) ("Get Involved") to familiarize yourself with our volunteer opportunities. If you have any questions, email [volunteer@pbcg.cc](mailto:volunteer@pbcg.cc). As a non-profit organization, we rely heavily on volunteer participation, and welcome help for special events, boat maintenance, graphics, campus greeters, fundraising – you name it!

## After lessons....what comes next?

For young PBCB boaters who have completed our instructional programs, there are still many ways to get out on the water.

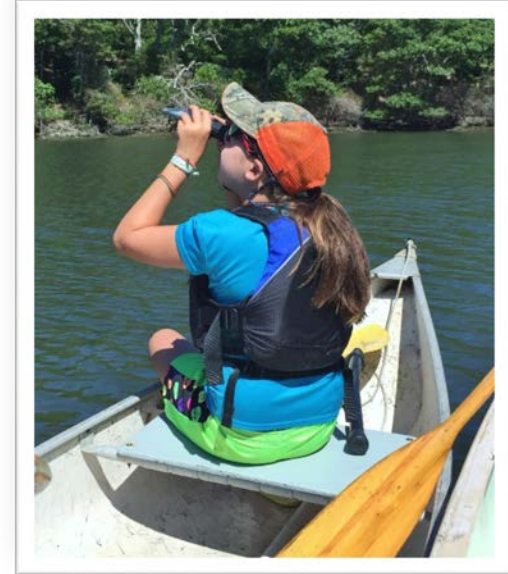
### Participate in PBCB Recreational Sailing

Experienced PBCB members can enjoy recreational sailing on a Flying Scott, Catboat, Sunfish, or Laser. Join the PBCB Friday Friendly Races for a casual racing experience with series of short races, followed by a BYO cookout on campus.

**Crew on a racing boat.** Boat owners are often looking for crew for regattas and yacht club race series. Whether you're a beginner or more advanced, as long as you're interested in gaining some experience crewing, you'll be a welcomed addition on any boat. This is a fun way to stay involved in sailing.

**Sail in college** Many college sailing teams rely heavily on beginner sailors; even with minimal experience, you will be an asset. If you are a more experienced/advanced sailor, most colleges would love to have you on their team! Email the captain or coach of the team at your school to get involved. The level of commitment and participation varies at every school, so check it out and see if it fits your needs!

**Become a PBCB Instructor** Give back! Every year, PBCB hires seasonal instructors, many of whom have learned to sail within our PBCB programs. Check the PBCB web site-- [www.pbcg.cc](http://www.pbcg.cc)--or speak with the Sailing Director to learn about job opportunities.



# Suggested reading...for all ages!

## Ages 4-7 years

**Alphaboat** – Michael Chesworth: A creative and nautical alphabet for the young.

**Little Tim and the Brave Sea Captain** – Edward Ardizzone: First published in 1936, loved by generations of children looking for a spirited tale of adventure.

**Dory Story** – Jerry Pallotta: A young boy's adventure on an exciting dory ride.

**Sailing Home** – Gloria Rand: A story of a childhood at sea.

## Ages 7-10 years

**Schooner Pat** – Lowery Collins: A chronicle of the generations-old art of shipbuilding and the extraordinary construction of a modern-day schooner.

**A Sailor Returns** – Theodore Taylor: A touching novel about the endurance and power of family ties.

## Ages 10-13 years

**Swallows and Amazons** – Arthur Ransome: A story of adventure & imagination about the catboat "Swallow". Part of a wonderful series of stories.

**Carry on, Mr. Bowditch** – Jean Lee Latham: The romance of old Salem, sailing ships, and the adventures and legends of the sea.

## Ages 13-17 years

**First You Have to Row a Little Boat** – Richard Bode: A wonderful story combining the sea, memories, and life's lessons.

**Revenge of the Whale** – Nathaniel Philbrick: Written by Nantucket's maritime expert, this adapted account for young readers, is the true story of the Whaleship Essex.

**Black Hands, White Sails** – Patricia & Frederick McKissac: The true story of the African American Whalers.

**Freedom Beyond the Sea** – Waldtraut Lewin: A gripping sea tale combining mystery and adventure from an historical perspective. (all ages)

**The Craft of Sail**– Jan Atkins: A basic primer of sailing for young and old.



**Origami Sailboats** – Lew Rozelle: A really fun book for kids of all ages.

**Ships and Sailing** – Eyewitness Visual Dictionaries: A beautifully detailed pictorial/dictionary for all who love the sea.

## Adults

There are many good instruction books, such as those published by American Sailing Association. In addition, marine fiction and nonfiction are other rich categories to keep the committed reader busy.

## Fiction

**The Mutiny on the Bounty Trilogy**, by Charles Nordhoff & James Norman Hall (first volume 1932)

**The Aubrey/Maturin novels**, by Patrick O'Brian (series of 20; first volume 1969)

**Swallows and Amazons series**, by Arthur Ransome (series of 12; first volume 1930)

**The Horatio Hornblower novels**, by C.S. Forester (series of 11; first volume 1937)

**Moby-Dick**, by Herman Melville (1851)

**Middle Passage**, by Charles Johnson (1990)

**John Dollar**, by Marianne Wiggins

**The Old Man and the Sea**, by Ernest Hemingway (1952)

**Sounding**, by Hank Searls (1982)

*Mutiny on the Bounty*, by John Boyne (2008)

*A High Wind in Jamaica*, by Richard Hughes (1929)

### Non-Fiction

*Close to the Wind*, by Pete Goss (2000)

*Blue Latitudes*, by Tony Horwitz (2002)

*Sailing Alone Around the World*, by Joshua Slocum (1900)

*The Last Grain Race*, by Eric Newby (1956)

*The Boat Who Wouldn't Float*, by Farley Mowat (1969)

*Sea Change*, by Peter Nichols (1998)

*Two Years Before the Mast*, by Richard Henry Dana (1840)

*Ten Degrees of Reckoning*, by Hester Rumberg (2007)

*Looking for a Ship*, by John McPhee (1990)

*Godforsaken Sea: Racing the World's Most Dangerous Waters*, by Derek Lundy (1998)

*The Dolphin in the Mirror: Exploring Dolphin Minds and Saving Dolphin Lives*, by Diana Reiss

*Other Minds: The Octopus, the Sea, and the Deep Origins of Consciousness*, by Peter Godfrey-Smith

*Swimming with Sharks: The Daring Discoveries of Eugenie Clark*, by Heather Lang

*Lab Girl*, by Hope Jahren

*On Growth and Form*, by D'Arcy Wentworth Thompson, John Tyler Bonner (Editor)

*Ahab's Wife, or The Star-Gazer*, by Sena Jeter Naslund

*This Thing of Darkness*, by Harry Thompson

*Just Right: Climate Science for Young Readers*, Mon Cochran (2016). Eelman's Point Press, 2016, E-book edition. (Available for download free at [justrightclimate.org](http://justrightclimate.org) or from the Apple Store (Apple products)).



### Marine Science, Ecology, Sustainability

*The Sea Around Us*, by Rachel Carson

*How the Ocean Works: An Introduction to Oceanography*, by Mark W. Denny

*The World Is Blue: How Our Fate and the Ocean's Are One*, by Sylvia A. Earle