

# Seniors Join Pleasant Bay Boating Community

HARWICH — The Council On Aging teamed up with Pleasant Bay Community Boating to provide sailing opportunities for seniors to sail on Pleasant Bay, with a dozen participants attending the first sailing session on Aug. 18.

Interim Council on Aging Director and Town Administrator Christopher Clark said the hope is that this will become a regular summertime excursion. Pleasant Bay Community Boating's mission is to expand the sailing population, providing opportunities to sail to people who may not get a chance to take to local waters.

Seniors had to meet certain conditions, including submission of a medical form and a waiver prior to registering for the free event. Senior also had to walk down a 140-foot long ramp that pitches down to a floating platform. Once accomplished, the seniors found the sail a fun event, Clark said.

Seniors from Orleans also participated in the sail.



Seniors skip across the waters of Pleasant Bay thanks to a new Council on Aging program worked out with Pleasant Bay Community Boating.



Right: Jean Louis Mieusset, a senior from Orleans, enjoys the sailing opportunity with an instructor on Pleasant Bay.

Above: Town Administrator Christopher Clark, Jean Louis Mieusset, Pleasant Bay Community Boating sailing director Greg Kelly and Alison Carroll get ready to take to the waters of Pleasant Bay. COURTESY PHOTOS