

NAVIGATOR

Spring 2019 Newsletter



Please Join Us in Welcoming our New Executive Director

As a passionate advocate for children and families with 19 years of experience as Chief Development Officer for YMCA Cape Cod, PJ Richardson joins PBCB as the new Executive Director. PJ's strong background in youth development, environmental education, adventure programming and community outreach makes him a perfect fit for PBCB. Add to that his wealth of experience in nonprofit development and major fundraising, and we know



that he will expertly guide us to the next level.

We hope you'll give PJ a warm welcome when you see him this season!

Message from the Executive Director

As my predecessor Charlie Sumner joyfully said, "I never have a bad day at PBCB!" In my short time here, I have come to appreciate and understand what Charlie means. Whether it's local teachers engaged in curriculum development on a frigid February morning, the Monomoy High School Sailing Team braving the elements to tame the sea, or Friends of Pleasant Bay hunkered down in our Hillside Conference Center to preserve the integrity of this precious piece of the world, all who join us at PBCB leave more enriched.

Bringing people together is what we do. A one-of-a-kind waterfront campus that adjoins the towns of Brewster, Harwich and Orleans is where we do it. Sailing, kayaking and marine education programs are how we do it. And the feelings that are evoked by finding kindred spirits and shared passions are why we do it. By definition, "community" is a feeling of fellowship with others that results from shared attitudes, interests, and goals. I don't think there is a more accurate word to describe Pleasant Bay Community Boating. Our community comes from people of different walks of life who all took different paths to get to this magical place.

With a deep appreciation for stewardship and the life lessons boating on the Bay offers, our PBCB family has a shared interest and a "can do" attitude about preserving the Bay for future generations and ensuring that everyone can participate. To this end, PBCB staff and volunteers work tirelessly. One of the most rewarding things we do is sharing the joy of being on the water with people of all abilities and backgrounds, while harnessing the many teachable moments that engage everyone in its infinite beauty.

To all of my new friends who have welcomed me with open arms and warm hearts, thank you! To all of you who I have yet to meet, I look forward to our time together. To those who had the vision, talent, and desire to establish this special place, please know that I am humbled and honored to be given the opportunity to help navigate through these next critical years in PBCB's development, development that will ensure a brighter future for us all on Pleasant Bay.

Warmly,

PJ Richardson, Executive Director

PBCB by the Numbers

50	Programs
603	Classes
4,120	Educational Experiences
537	Individuals served by free Community Outreach Programs
60	Boats, sailboats, safety boats, kayaks and canoes
75	Volunteers
600	Members



Please Join Us in Welcoming Our New Waterfront Director

Pleasant Bay Community Boating is proud to announce longtime Harwich Harbormaster and party boat captain Tom Leach as our new Waterfront/Sailing Director. Tom has a comprehensive background as a fully licensed captain with sailing and towing endorsements, competitive

sailing in J/24s and Flying Scots, and 12 years of experience as co-coach for the Harwich High School sailing team, the Rough Riders. He pioneered the first public shellfish upweller system in 1994 at Wychmere Harbor, where Harwich students interned seasonally, raising millions of quahogs and clams. Tom also designed the successful Cape Cod Frosty racing dinghy, which has six active fleets and is the basis of the youth build-and-sail program at Sail Maine, Portland Community Boating. Tom is a great fit for PBCB's sailing and science programs.

As we welcome PJ and Tom to our PBCB family, we'd like to thank Charlie Sumner and Greg Kelly for their years of dedication, loyalty and hard work in making PBCB a success. We wish them all happy sailing!

Monomoy High School Sailing

Since 2016, the PBCB waterfront has been the home port for the Monomoy Regional High School sailing team. The 420s used for our summer program classes and recreational sailing are shared with the sailing team during the school year.



Instructor Spotlight: Hope Alto



I learned how to sail at Harry McDonough Sailing Camp when I was nine years old, and I loved the feeling of independence it gave me. Five years later, when I was offered the opportunity to become a sailing instructor with PBCB, I was thrilled. Venturing out on the ocean every day and teaching others allowed me to do something that I love. None of this would have been possible without my boss and mentor, Gregory Kelly. His faith in me helped me to be a better sailing instructor, and person, by showing me how to place the same faith in others.

One of the biggest tasks I have experienced is participation in the Special Olympics, where I teach



David Vincent: A SIGHTED GUIDE'S EXPERIENCE

The problem is that I can't point to anything on the boat. "No not that rope, the one over there" just doesn't work. Fortunately, everything on a boat has its name and its place, and the cockpit is small and defined by the combing (raised area to keep out water). Most

of our students who are blind have not sailed before, and as a guide and sailing instructor, I have learned that I have to build a detailed model of the Flying Scot in the student's mind's eye. Yes, our crew can reach out and touch things, but without my running description of how each part relates to the rest of the boat, touch alone would be meaningless. Describing everything and coming up with an apt analogy is a bit like being in a creative writing class with some intense peer pressure. By the time we get back on our mooring, my brain is on an endorphin high.

The feel of the wind direction is the same for a sighted or blind person. The pressure of the air moving around face and neck is an instant indicator of a change in direction, rather than an occasional glance at a piece of thread on a



First Sail Program

The fifth annual First Sail, a learning opportunity with 300 local children from the Monomoy and Nauset school districts, is being held this Spring. The program teaches the principles of wind, sails, tides, navigation, teamwork and resilience — all in a fun and social format. Children are given the opportunity to engage with Pleasant Bay's marine environment, experience the joys of sailing and marine exploration, acquire environmental and scientific understanding, and spark a lifelong appreciation of the outdoors. And for many, it is their "first sail"!

people who have special needs to sail. It has allowed me to better develop relationships and has encouraged me to always try to be my best in everything because not everyone is as fortunate as me.

My school motto is *Serviam*, I will serve, and I feel that this is a perfect way to describe PBCB's mission. It is incredible that one place can show so much care for the community and can impact so many lives. All of the people I have met at PBCB have offered me a unique opportunity to connect with a variety of different situations, which help me both to learn about myself and the world around me.

shroud. As an instructor, I relate that new direction to numerals of a clock. And with the crew on the helm, I will ask them to call out the wind direction every time it changes. There is no magic; it takes time for the students to learn, and it gets tense when the wind is light. An accidental jibe is no way to build anyone's confidence, mine included.

Teaching sailing skills to people who are blind is a challenge for me. However, my visually impaired crew has a greater challenge. There is plenty of time for conversation on the boat, not all of it serious, and a sense of camaraderie soon builds. Getting to know these brave people and especially seeing those who have only recently become blind grow in their general confidence has been my greatest reward.

Available Now: 2019 Season Memberships and Class Registrations

Our waterfront facility offers over 50 instructional sailing and boating classes for all age groups and ability levels. PBCB has lessons for adults and youth from 6 years and up. Younger children may accompany adults for parent/child sailing programs.

The preservation of Pleasant Bay's amazing natural habitats and spectacular beauty requires engaged stewards. All of our programs foster an appreciation for nature and respect for our environment, inspiring stewardship of the Bay.

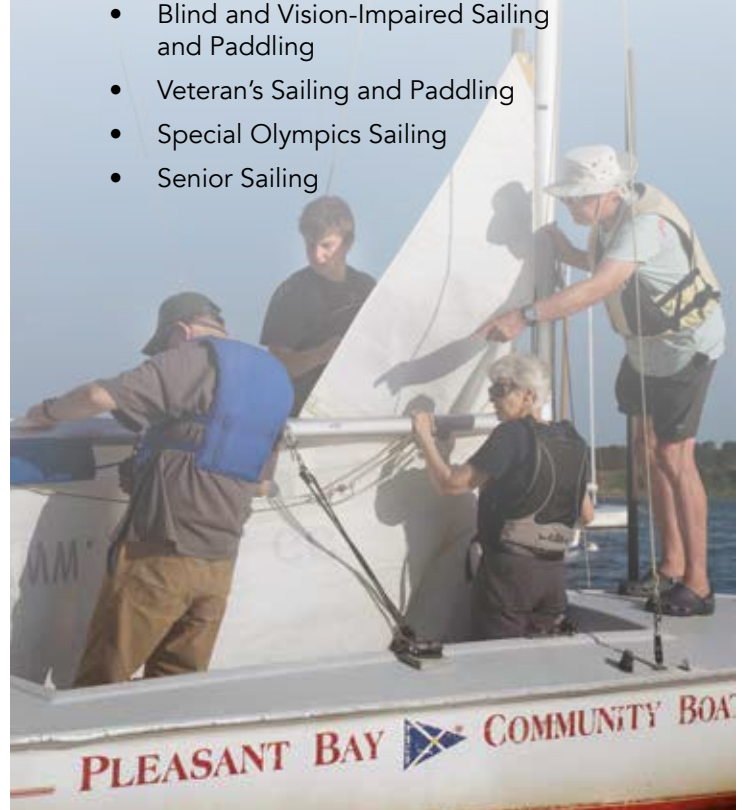
PBCB uses sailing to teach STEM principles and offers a rich variety of additional marine education and environmental stewardship programs.

Please refer to website for our membership information and to register for classes and events (www.pbc.cc).

Universal Access Programming

Many disabled residents and visitors enjoy the wonders of being on the water, but opportunities to do so are scarce — PBCB offers programs that accommodate everyone. Please let your friends, family, and neighbors know that we offer classes for:

- Blind and Vision-Impaired Sailing and Paddling
- Veteran's Sailing and Paddling
- Special Olympics Sailing
- Senior Sailing



Volunteer Spotlight



Perhaps you know the Colemans? Bill Coleman, his wife Roz, and daughters Allison and Natalie are long-time members of the PBCB family. It's common to find one or more of them

pitching in around campus — sprucing up the cottages, spring cleaning, making repairs, or building things like an outdoor shower. Or maybe you've had the pleasure of sailing with Bill, who is also one of our sailing instructors? Even if you do know Bill, chances are you didn't know that he actually learned to sail from his daughters!

Allison and Natalie learned to sail at the Chatham Yacht Club on Pleasant Bay when they were young. When Bill found an affordable Marshall 22, his daughters

(in a perfect role reversal) taught him to sail. In time, and with some trials and tribulations, Bill fine-tuned his sailing skills enough so that he and Roz could make their way around Pleasant Bay and navigate beyond to Monomoy, Nantucket, and Maine ports-of-call.

Originally from Fort Scott, Kansas, Bill was not raised in a sailing environment. He grew up working in the family "Feed & Seed" business. His relationship with water began as a lifeguard at the local pool and in river rafting with the Eagle Scouts. Since then, Bill's life has taken many paths. He met Roz at Baker University in Kansas, and they later headed east for Bill's studies at Hartford Theological Seminary.

Eventually, the Colemans settled in Chatham. When friend and fellow sailor John Dickson was teaching sailing off the Pleasant Bay beach at Jackknife Cove, following his dream to create a community boating organization,

Bill and Roz supported him. And they stayed with him, becoming original Board members when the Pleasant Bay Community Boating organization got its start. Bill served as PBCB's second Board President. He recalls one of the "bright spots" in his leadership when the Board gathered in the Coleman's living room to approve the loan offered by the Cape Cod 5 Savings Bank, which enabled PBCB to purchase the McClellan property and make it PBCB's home.

Today, Bill still wears many PBCB hats, but he most enjoys sharing the riches of the Pleasant Bay estuary and teaching the art of sailing. And it's no surprise to us that he particularly enjoys empowering women by giving them the tools to become confident and independent at the helm, passing on the very skills his daughters taught him. Bill and his family are an important part of PBCB's history, and we're lucky they are part of our family today.

Calling for Volunteers!

We can't do it without you! Seasonal volunteer opportunities include fleet and facility maintenance, marketing, event planning, program assistance, universal access assistance, fundraising, IT, and administrative work.

Save the Dates

SunDay Open House

June 9, Noon-4pm

Pleasant Bay Community Boating Campus

The summer and sailing season kick off on June 9 with a SunDay Open House and barbecue. Our members have the opportunity to sign up for membership and programs. Additionally, we offer sailing with instructors, tours of the campus, kayaking, and a barbecue. Come and enjoy our activities, learn more about us, or just come and enjoy an afternoon on the Bay.

Annual Meeting

June 9, 4:30-5:30pm

Hillside Center

Please join fellow members for a year-end review as well as a review of future plans and goals for PBCB at our brief Annual Meeting.

Sailabration Gala 2019

June 27, 6:30-9:30pm

The Wequassett Resort & Golf Club

Join us for an evening of summer fun to support PBCB's sailing, marine education and environmental stewardship programs. Featured Speaker: Jo Ruxton, Film Producer and Plastic Pollution Campaigner. Come and enjoy food, music, and a live auction in an exquisite setting on Pleasant Bay. Space is limited. Reserve your place by June 20 online at www.pbcbb.cc. For more information, contact Abby Field at abby@pbcbb.cc.

Friday Friendly Racing & Family BBQ on Pleasant Bay

July 5 through August 30, 5-7pm

Join us every Friday in July and August where all ages participate in our weekly Family Friendly Barbecue and Racing. Members of all ages, and racing and sailing abilities enjoy practicing their skills on the race course and meeting new people. Enjoy a cookout following the races, too!

"The Scoop" Ice Cream Social

August 9, 6-7pm
Hillside Center

Join fellow members on the Bay for our Ice Cream Social with all-you-can-eat ice cream and toppings from local shops. Donations encouraged.

Summer Celebration for Members & Volunteers

August 24, 5:30-7:30pm

Pleasant Bay Community Boating Board of Directors cordially invites all members and volunteers to Celebrate Summer and Everything Happening with Pleasant Bay Community Boating. Enjoy summer libations and delectable hors d'oeuvres.

Community Aquaculture:

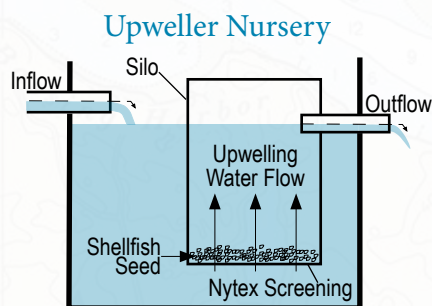
CHATHAM, ORLEANS, BREWSTER AND AMERICORPS MAKE A NEW NURSERY!

In June of 2018, PBCB joined the Cape Cod aquaculture boom and began to grow oysters and quahogs in a used upweller. Shellfish aquaculture on Cape Cod (and beyond) is considered a win-win-win solution for the natural environment, fishermen, and the consuming public because it:

- Replenishes dwindling fisheries stocks
- Supports new workforce opportunities for skilled fishermen and young families
- Removes significant nutrients from the eutrophic inland embayments
- Produces high-quality protein-rich food

For all of these reasons, and because of our phenomenal waterfront site, PBCB was eager to use the upweller as a centerpiece to provide an educational experience and broader life-lessons. It fits our mission to a "T"!

What exactly is an upweller? It's a system used to grow shellfish, like an incubator.



What does our upweller look like? It is a large 3 x 12-foot tank set up with a pump system that brings fresh flowing seawater from Pleasant Bay in and sends it back out to Pleasant Bay. Eight "silos" with mesh on the bottom sit inside the tank where baby shellfish, 2 to 4mm in size to start, can safely grow and thrive without being eaten by predators. The



fresh seawater, rich in natural phytoplankton, provides a constant diet that allows the seed, (aka spat), to grow. And they do grow!

When you're around an energetic shellfish aquaculturist like Rachel Hutchinson (Town of Chatham Propagation Specialist), you can't help but catch the enthusiasm and marvel at the many creative solutions that go into designing and operating a successful aquaculture farm. Rachel provided the spark for Pleasant Bay Community Boating to build a system in our boathouse and recruited people to help, including volunteer Dan Campanaro, a skilled builder, the Towns of Chatham, Brewster and Orleans, an Americorps member, and many volunteers as well as Friends of Pleasant Bay and Orleans Pond Coalition were also drawn into the cast of characters.

PBCB's upweller has a history that illustrates collaborative approaches to problem-solving. The tank and equipment, originally built by Dale Leavitt (Associate Professor of Biology, Roger Williams University) and Sandy Macfarlane (former Natural Resources Director, Orleans), was funded in 2002 in part by the Friends of Pleasant Bay to raise oysters in a pilot program designed to use shellfish to clean water of excess nutrients. The Orleans Pond Coalition maintained the seed oysters at the upweller's original site, in Arey's Pond. This early pilot to remove excess



nutrients harnesses the oyster's natural process of incorporating nitrogen and other substances into its meat and shell.

Last year PBCB was given the tiny seed from Orleans (quahogs) and Brewster (oysters) to stock the upweller. In less than a liter of saltwater there were approximately 150,000 babies. But where does the seed or spat come from? Every year, baby quahog and oyster larvae are carefully cultivated at a hatchery in Dennis by ARC (Aquaculture Research Corporation). When the seed is six weeks old, it can be shipped out.

Building on the success of the upweller's first year, PBCB plans to use it as an educational tool. Classes will focus on how Pleasant Bay is a natural nursery for many of the living creatures that are commercially fished in our area. The preservation of the natural ecosystems along our coasts continues their supplies of foods for fish and shellfish. Raising and harvesting oysters and quahogs commercially can be a reasonable way to make a decent living on Cape Cod and, when done well, actually helps our natural environment.



Thank you so much to our Annual Donors

In 2018, PBCB received 272 donations, totaling \$254,134! Affordable, accessible marine-related programs are extremely limited in our communities. Through the generous support of our donors, PBCB removes the barriers to participation and provides access to the Bay. Their generosity provides all community members of our seaside community the opportunity to develop skills and participate in marine-related activities, regardless of their abilities. Most importantly, your donations provide so many with recreation, education, and environmental stewardship opportunities, along with personal enrichment.

Pleasant Bay Community Boating relies on donations to:

- Keep membership and program fees affordable.
- Offset the costs of community outreach, scholarship programs, and universal access programs.
- Continue to maintain and expand current programming for the ever-increasing need from the community.
- Support our participants who could not otherwise afford to pay even with our modest fees for our sailing and marine education programs.

CHARTING OUR COURSE: CAPITAL CAMPAIGN UPDATE

Pleasant Bay community Boating is pleased to announce that we are in the second phase of our planned capital improvements to the campus. To date, 350 donors have contributed \$2,206,033 in gifts and pledges toward our Capital Campaign Goal of \$4.8 million.

Phase I – Complete

- Down payment for property acquisition
- Architectural drawings and engineering plans for Hillside and Accessible Dock
- New parking lot
- New Septic systems
- Master plan for campus (architectural design and drawings; engineering plans)

Phase II: Goal \$1.6 Million

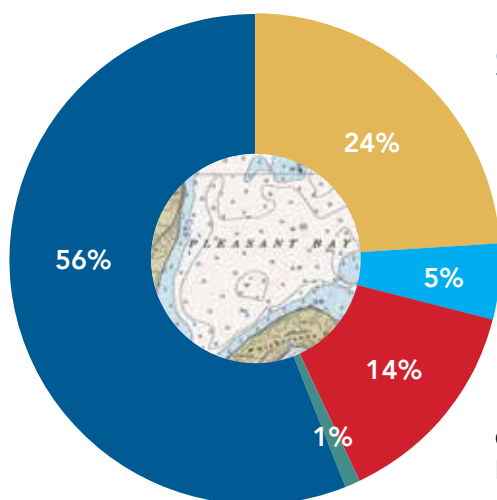
- Hillside Center – Completed
 - Pay off Acquisition of Property – \$1 Million (in process)
 - The **Legacy Society** has been created to honor donors who have contributed \$250,000 or more to pay off the debt on the property; \$500,000 has been raised to date and we continue to seek support for this important initiative.
 - Build Accessible Dock and Walkways – Goal \$250,000
- To date, we have raised \$49,800 toward our \$250,000 goal. These donations have paid for the engineering, permitting and legal fees. With first steps complete, full funding will enable us to construct the accessible pathways followed by construction of the dock.

Our newly constructed accessible dock and walkways will remove a major barrier to accessing the water for those with limited mobility. People who are elderly, disabled, or in wheelchairs will have access to water-based recreational opportunities. The dock's new pier will be a stable, permanent structure capable of supporting large groups of program participants and four wheelchairs at a time. Additionally, there will be two kayak launchers to facilitate adaptive paddling. When complete, PBCB will be the only ADA-compliant boating facility on Pleasant Bay and just one of two on all of Cape Cod.

The accessible dock has been designed and the permitting is nearly complete. The Town of Orleans' Conservation Commission granted approval for the dock by Order of Conditions issued May 8, 2018 (DEP # SE-54-2414).

Phase III

- Conduct a needs analysis and create a plan for the Center for Pleasant Bay and the Boating Center.
- Complete Center for Pleasant Bay and Boating Center.



Please Consider Supporting PBCB

Your Donation, Business Sponsorship, and Volunteer time all make PBCB programs possible. Information about how to contribute is available on our website at www.pbcbb.cc or stop by our office at 2287 Route 28, Harwich, MA to pick up a remittance envelope or a Business Sponsorship packet. Gifts of any size are greatly appreciated. Questions? Please contact Abby Field, Development and Operations

Coordinator, at abby@pbcbb.cc or (508) 945-7245.

Business Sponsorships

PBCB is now offering a full slate of Business Sponsorship levels. These include special opportunities for you, your employees and families, and your clients to participate in the entire PBCB experience. Sponsorship will increase your company's exposure on Cape Cod while helping us meet our expanded goals. We believe that partnering with us is a "win-win" investment!

- » Revenue from Education 24% (\$186,222)
- » Membership fee income 5% (\$41,635)
- » Residential Membership Income 14% (\$105,000)

- » Other Income 1% (\$5,890)
- » We must raise 56% of our operating budget (\$431,000) from fundraising

THANK YOU

to all of our Capital Campaign Donors

Thank you to those individuals and foundations who have contributed. Our vision for Pleasant Bay Community Boating is becoming a reality because of your generosity. To support Pleasant Bay Community Boating's capital campaign, the Board of Directors has established The **Pleasant Bay Giving Society** to honor donors contributing \$1,000 or more. Donations can be made over a five-year period. Donors will have their names prominently displayed on a Donor Wall.

*Pleasant Bay Society Members

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 Abby Field,
 Development Coordinator
 Sarah Griscom, Ph D,
 Science Sailing Director
 Huntley Harrison,
 Property Manager
 Tom Leach,
 Waterfront Manager and
 Sailing Director
 Peter Trull,
 Curriculum Developer and Naturalist

Stay Updated:

View boating and program status,
 weather information, news and
 events at www.pbcb.cc

Follow us on Facebook
 and Instagram at
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 (508) 945-7245 (SAIL)
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PBCB is located on the Pleasant
 Bay waterfront where the towns of
 Harwich, Brewster and Orleans,
 Massachusetts meet, on the east
 coast of Cape Cod.



Pleasant Bay Community Boating
 is a nonprofit 501(c)(3) organization.
 All donations are tax deductible
 as allowed by law.

Pleasant Bay Community Boating
 merchandise is available for
 purchase at the Hillside Center



White Short Sleeve T-Shirt
 Youth M, L – \$15
 Adult S, M, L, XL – \$20



Long Sleeve Performance T-Shirts
 White or Navy
 S, M, L, XL – \$25



Polos
 Adult XS, S, M, L, XL
 Yellow, White, Navy – \$35



Canvas Hats
 Red, Khaki – \$20



Tote Bags – \$120

